

**Ministry of Higher Education and Scientific Research  
Scientific Supervision and Scientific Evaluation Apparatus  
Directorate of Quality Assurance and Academic Accreditation  
Accreditation Department**



# **Academic Program and Course Description Guide**



## Course Description Form

<b>1. Course Name:</b>
Critical Care Nursing
<b>2. Course Code:</b>
<b>3. Semester / Year:</b>
Semester
<b>4. Description Preparation Date:</b>
11/3/2024
<b>5. Available Attendance Forms:</b>
Full Attendance
<b>6. Number of Credit Hours (Total) / Number of Units (Total)</b>
30 hours in theory + 90 hours in practice
<b>7. Course administrator's name (mention all, if more than one name)</b>
Name: Dr. Wael Lazim
<b>8. Course Objectives</b>
<ul style="list-style-type: none"> <li>• Understand the impact of critical illnesses on the patient and their families.</li> <li>• Describe the impact of the critical care environment on the patient.</li> <li>• Discuss current monitoring techniques used in critical care facilities.</li> <li>• Training on the use of all types of intravenous nutrients through practical training</li> <li>• Utilize knowledge from the humanities and sciences in planning care for critically ill adults.</li> <li>• A- Cognitive objectives</li> <li>• Definitions of intensive care nursing</li> <li>• Understand the role of nurses in intensive care</li> <li>• Evaluating critically ill patients</li> <li>• Planning nursing work for critically ill patients</li> <li>• Definition of critical situations and how to contain them</li> <li>• B - The skills objectives of the course</li> <li>• Nursing diagnosis</li> <li>• Nursing care for critically ill patients</li> <li>• Training in the cardiorespiratory resuscitation program</li> <li>• Training on administering intravenous fluids in critical care units</li> </ul>

## 9. Teaching and Learning Strategies

Education strategy collaborative concept planning.  
Teaching strategy brainstorming.  
Education strategy notes series

## 10. Learning method

Blackboard, PowerPoint, statistics assignments, searching the Internet, reviewing lesson sources

## 11. Evaluation method

Daily and monthly exams and the end-of-semester exam.

## 12. Course Structure

Week	Theoretical Hours	Practical Hours	Unit or subject name
1.	2 hours	6 hours	<b>Introduction to Critical Care Nursing</b> <ul style="list-style-type: none"><li>• Critical Care Nursing Roles</li><li>• Classification of critically ill patients</li><li>• Characteristics of Critical Care Units</li></ul>
2.	2 hours	6 hours	<b>Shock</b> <ul style="list-style-type: none"><li>• Classification of Shock</li><li>• Stages of Shock</li><li>• Clinical Alert of Shock</li><li>• Medical Management</li></ul> <b>Nursing Management</b>
3.	2 hours	6 hours	<b>Sepsis</b> <ul style="list-style-type: none"><li>• Severe Sepsis and Septic Shock</li><li>• Sepsis Management Bundle</li></ul> <b>Multisystem Organ Dysfunction Syndrome</b>
4.	2 hours	6 hours	<b>Acute Renal Failure/Acute Kidney Injury</b> Anatomy and Physiology Review Acute Renal Failure/Acute Kidney Injury Causes of ARF Categories of Acute Renal Failure
5.	2 hours	6 hours	Phases of Acute Renal Failure Diagnosis of ARF Medical Management of Acute Kidney Injury Nursing Management of Acute Kidney Injury
6.	2 hours	6 hours	<b>Cerebral Vascular Accident</b> <ul style="list-style-type: none"><li>• Stroke Classification</li><li>• Ischemic strokes</li><li>○ Risk factors for transient ischaemic attack/stroke</li></ul>

			<ul style="list-style-type: none"> <li>○ Diagnostic Criteria</li> <li>○ Early Management</li> <li>● Haemorrhagic stroke</li> <li>○ Types of hemorrhagic strokes: ICH and SAH</li> <li>○ Causes and Risk factors</li> <li>○ Clinical Presentation of Intracerebral Hemorrhage</li> <li>○ Diagnosis of Haemorrhagic stroke</li> </ul> <p>Medical and nursing management</p>
7.	2 hours	6 hours	<p><b>Management of Unconscious patient</b></p> <ul style="list-style-type: none"> <li>● Causes of Loss of Consciousness</li> <li>● Assessment of unconscious patient</li> <li>● Medical Management of unconscious patient</li> </ul> <p>Nursing Management of unconscious patient</p>
8.	2 hours	6 hours	<p><b>Burns</b></p> <ul style="list-style-type: none"> <li>● Stages and Degree</li> <li>● Types</li> </ul> <p>A. Inhalation Burn B. Electrical Burns C. Radiation Burns Chemical Burns</p>
9.	2 hours	6 hours	<ul style="list-style-type: none"> <li>● Primary and secondary survey guidelines (assessment and management guidelines)</li> </ul> <p>Healing process</p>
10.	2 hours	6 hours	<p><b>Acute Respiratory Disorders</b></p> <ul style="list-style-type: none"> <li>● Pulmonary Embolism</li> <li>● Pleural Effusion</li> <li>● Hemothorax</li> </ul> <p>Pneumothorax</p>
11.	2 hours	6 hours	<p><b>ABGs Interpretations</b></p> <ul style="list-style-type: none"> <li>● Respiratory</li> <li>● Acidosis &amp; Alkalosis</li> <li>● Metabolic</li> <li>● Acidosis &amp; Alkalosis</li> </ul> <p>Nursing Management</p>
12.	2 hours	6 hours	<p><b>Review of Conduction System</b></p> <ul style="list-style-type: none"> <li>● Basics of ECG Interpretation (ECG waves)</li> <li>● Normal sinus Rhythm</li> </ul>

			<ul style="list-style-type: none"> <li>• Heart rate measurement methods</li> <li>• Proper ECG placement</li> <li>• Cardiac axis</li> <li>• Dysrhythmia:</li> <li>• Shockable</li> <li>• VF &amp; Pulseless VT</li> <li>• Non-Shockable</li> </ul> Asystole & PEA
13.	2 hours	6 hours	<b>Basic Life support</b> Advance Life support
14.	2 hours	6 hours	<b>Hemodynamic monitoring</b>

### 15. Course Evaluation

The distribution is as follows: 30 marks for the monthly and daily exams, 70 marks for the final exam.

### 16. Learning and Teaching Resources

Required textbooks (curricular books, if any)	Pocket Guide TM, Emergency & critical care, ACLS version, eighth edition, 2017
Main references (sources)	
Recommended books and references (scientific journals, reports...)	
Electronic References, Websites	