

**Ministry of Higher Education and Scientific Research
Scientific Supervision and Scientific Evaluation Apparatus
Directorate of Quality Assurance and Academic Accreditation
Accreditation Department**



Academic Program and Course Description Guide

Course Description Form

1. Course Name:
Health Assessment
2. Course Code:
3. Semester / Year:
Semester
4. Description Preparation Date:
11/3/2024
5. Available Attendance Forms:
Full Attendance
6. Number of Credit Hours (Total) / Number of Units (Total)
30 hours in theory + 30 hours in practice
7. Course administrator's name (mention all, if more than one name)
Name: Dr. Wael Lazim
8. Course Objectives
<ul style="list-style-type: none"> • At the end of this course the students will be able to: • Describe the components of the health history • Apply interviewing skills and techniques to conduct a successful interview. • Evaluate the persons' general health status. • Utilize various tools and techniques to measure and collect information (interview, observing, listening, physical examination, reviewing records and results of diagnostic test. • Explain the sequence of systematic approach of physical examination of body system. • Demonstrate the basic techniques of physical examination. • Describe the physical examination techniques of inspection, palpation, percussion, and auscultation • Identify common instruments used during physical examination
9. Teaching and Learning Strategies
Education strategy collaborative concept planning. Teaching strategy brainstorming. Education strategy notes series

10. Learning method			
Blackboard, PowerPoint, statistics assignments, searching the Internet, reviewing lesson sources			
11. Evaluation method			
Daily and monthly exams and the end-of-semester exam.			
12. Course Structure			
Week	Theoretical Hours	Practical Hours	Unit or subject name
1.	2 hours	2 hours	<u>Overview of The Health Assessment Process</u> -Health, health promotion and Nursing -Nursing role in health assessment. -Collection subjective Data. -Physical Assessment Techniques. -Analyzing Collected Data and Critical Thinking Process. -Formulation Nursing Diagnosis
2.	2 hours	2 hours	Skin, Hear and Nail Assessment
3.	2 hours	2 hours	<u>Head and Neck Assessment</u> -The Head Assessment. -The Neck Assessment. -Lymph Nodes of Head and -Neck Assessment. -Eye Assessment. -Ear Assessment. -Mouth, Throat, Nose, and Sinus Assessment
4.	2 hours	2 hours	First Exam
5.	2 hours	2 hours	Thoracic and Lung Assessment Breast examination
6.	2 hours	2 hours	Heart and Neck Vessel Assessment
7.	2 hours	2 hours	Peripheral Vascular Assessment
8.	2 hours	2 hours	Abdominal Assessment
9.	2 hours	2 hours	Second Exam
10.	2 hours	2 hours	Musculoskeletal Assessment
11.	2 hours	2 hours	Neurological Assessment
12.	2 hours	2 hours	Urinary Assessment
13.	2 hours	2 hours	Final Exam

14. Course Evaluation

Distribution as follows: 20 marks for the monthly and daily theoretical exam, 20 marks for practical assessment and a monthly practical exam, 20 marks for the final exam, 40 marks for the final examination.

15. Learning and Teaching Resources

Required textbooks (curricular books, if any)

Main references (sources)

Recommended books and references (scientific journals, reports...)

Electronic References, Websites

1. Fuller Jill & Schaller-

Ayers Jennifer, Health

Assessment: A Nursing

Approach, 2nd ed.,

Philadelphia, J.B. Lippincott
Company, 1994.

2. Springhouse, New Photo

Book Assessing Patients,

Springhouse Corporation, 1996

3. Smeltzer, S. C., et.al,

Textbook of Medical Surgical

Nursing, 10th ed, Philadelphia,

Lippincott William and William

and Wilkins, 2004.

Weber Jnet and Jane Kelley, Health
Assessment in Nursing, 2nd ed.,
Philadelphia, Lippincott William
Wilkins, 2003.